

# I Love My Addiction

## A Program with a Purpose – Exposing Your Value to God

1 Corinthians 16:15

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### Lesson Seven

## What Goes in Comes Out

*Then sang Moses and the children of Israel this song unto the LORD, and spake, saying, I will sing unto the LORD, for he hath triumphed gloriously: the horse and his rider hath he thrown into the sea. The LORD is my strength and song, and he is become my salvation: he is my God, and I will prepare him an habitation; my father's God, and I will exalt him. (Exodus 15:1, 2)*

So far, we have been dealing with Who your Instructor is—Jesus, learning to trust Him, the importance of submitting to Him and the value of gathering knowledge from Him every day. We have shared with you the need to forgive, both those who have harmed you and also to forgive yourself. We have also discussed the offensive weapon in the battle of conquering your addiction—changing your friends.

This lesson will deal with one of the largest sources of feeding your addictive habits with memories that will take you back down the road to defeat and introduce another offensive weapon in your arsenal to turn your destructive addictions into productive ones. This weapon will be found in removing the old worldly music and replacing it with good Godly music! ***As he that taketh away a garment in cold weather, and as vinegar upon nitre, so is he that singeth songs to an heavy heart*** (Proverbs 25:20). The enemy is very subtle; he offers to take your coat while making you think he is a friend. The old music often will move you to tears, make you feel right at home and will deceive into thinking that you are in a safe place. Once the devil has you out of the cold, he will take your coat, warm you with his songs, offer you the old ways of pleasure, and then kick you out to the curb in the middle of a blizzard!

Nobody wants to have their coat taken away during a blizzard! God's Word relates listening to the ungodly music that is interconnected to your old destructive habits, to being stripped of your coat during a snow storm! Bundle up with some good Godly music to warm yourself with His goodness and ability to change your addiction from sin to the Saviour! Songs about the Blood of Jesus will drive the enemy away and invite the LORD in!

***The hearing ear, and the seeing eye, the LORD hath made even both of them*** (Proverbs 20:12). Remember, Everything God created was made to bring Him pleasure (Revelation 4:11). I can

assure you, music about sex, drugs, alcohol and rebellion will in no sense bring God pleasure, at least not the God of Creation! When you indulge in the old music that was a large part of your old addictive habits, the god of this world will be thrilled—who wants to make the devil happy? ***In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them*** (2 Corinthians 4:4).

***And he said, It is not the voice of them that shout for mastery, neither is it the voice of them that cry for being overcome: but the noise of them that sing do I hear*** (Exodus 32:18). While Moses was on the mountain getting the Ten Commandments, the devil had deceived God's people into worshipping a golden calf with music that sounded like a war was going on! Sound familiar!

Music is used for many different reasons. The bugler will sound reveille to arouse the sleeping soldier, change the tune on the same bugle will call a charge on the enemy, as well as a celebrating victory, ***When I blow with a trumpet, I and all that are with me, then blow ye the trumpets also on every side of all the camp, and say, The sword of the LORD, and of Gideon*** (Judges 7:18). You must be willing to remove the old worldly music that has been associated with all of your former activities and replace them with good, God honoring, God praising, instructive songs that will be music in the ears of God and encouragement in your heart.

Exodus 15:1-19 is the very first time a song is mentioned in the Bible. The first song recorded in the Bible is a song of praise written and sang when God delivered Moses and the people of Israel from the Egyptian army. Notice the purpose of this song:

1. The song was intended for the ears of the LORD—***Then sang Moses and the children of Israel this song unto the LORD...*** (Exodus 15:1)
2. It was a song of praising His Name for what He had accomplished to rescue them from their enemies—***for he hath triumphed gloriously: the horse and his rider hath he thrown into the sea.*** (Exodus 15:1)
3. It is a song that declares the source of strength to overcome the enemy—***The LORD is my strength and song, and he is become my salvation...*** (Exodus 15:2)
4. The song contained the promise to make Him their place of habitation—***I will prepare him an habitation; my father's God, and I will exalt him.*** (Exodus 15:2)

The place of habitation simply means to constantly dwell in His presence also known as, the fear of God. ***Surely the righteous shall give thanks unto thy name: the upright shall dwell in thy presence*** (Psalm 140:13). In Psalm 91, the Psalmist give us a wonderful list of promises for those who choose to make God their ***habitation***—a constant awareness of His presence:

***Because thou hast made the LORD, which is my refuge, even the most High, thy habitation; There shall no evil befall thee, neither shall any plague come nigh thy dwelling. For he shall give his angels charge over thee, to keep thee in all thy ways. They shall bear thee up in their hands, lest thou dash thy foot against a stone. Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.*** (Psalm 91:9-13)

Take a look at the list of His promises of protection:

1. No evil shall befall {happen to} you
2. No plague shall come near you
3. God will command His angels to watch over you
4. The angels will keep you strong and protect you from danger
5. God will also give you strength to overcome the temptation to go back to the addiction that has robbed you of your family, freedom and finances.

Now take a glance at the rewards for choosing this new relationship with the God of Heaven:

***Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name. He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him. With long life will I satisfy him, and shew him my salvation.*** (Psalm 91:14-16)

1. He will deliver you
2. He will set you on high
3. He will answer your prayers

4. He will be with you when trouble comes
5. He will honour you
6. He will give you a long life
7. Then, He will show you your eternal place in Heaven

Music triggers the old sensations that accompanied the pleasure of the sinful past. It is those pleasure sensors that will activate the drawing power back to your former addiction. No doubt the devil saw how this song Moses and the people of Israel were singing brought pleasure to the LORD. For every good and right thing God has created, the devil has made his counterfeit. The music of today is vulgar, seductive, sensual and truly wicked! If you continue to allow this type of music in your mind, then it will be next to impossible to receive the blessings of God, ***But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord*** (James 1:6, 7).

The Psalmist, the same man that made the LORD his Shepherd in Psalm 23, makes this statement, ***Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. Selah*** (Psalm 32:7).

***And when they began to sing and to praise, the LORD set ambushments against the children of Ammon, Moab, and mount Seir, which were come against Judah; and they were smitten*** (2 Chronicles 20:22). You may not currently be conditioned to good Godly music, but if you begin to sing then, God will begin to rescue you. It may just be that He is waiting for your song before He sets you free. It could even be said that a steady diet of the right music is an intentional choice, and may not come naturally at first. Much like removing bad foods and replacing with healthy ones, the **motivation** behind why you are making the change is necessary. If the motivation to remove and replace wrong music is simply to **feel better**, it will never stick. But if the motivation is to give God your all and to truly draw closer to Him, then the promise of James 4:8 can really take hold of the life! ***Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded*** (James 4:8).

***And at midnight Paul and Silas prayed, and sang praises unto God: and the prisoners heard them. And suddenly there was a great earthquake, so that the foundations of the prison were shaken: and immediately all the doors were opened, and every one's bands were loosed*** (Acts

16:25, 26). Although Paul and Silas were in prison for preaching, when God heard their singing the shackles that bound them fell away. Not only was Paul and Silas set free, but the prisoners that heard them also experiences deliverance from their bondage. Remember, this program is designed to help you understand the importance of your life in God's eyes. He needs you to tell others how He set you free so they too can be rescued from the destructive addictions that have taken their family, finances and freedom!

Satan is well aware how much the LORD loves good God honoring music. The Bible declares that part of the reason Satan was created was to offer praise to God through piped instruments:

***Thou hast been in Eden the garden of God; every precious stone was thy covering, the sardius, topaz, and the diamond, the beryl, the onyx, and the jasper, the sapphire, the emerald, and the carbuncle, and gold: the workmanship of thy tabrets and of thy pipes was prepared in thee in the day that thou wast created*** (Ezekiel 28:13). (underline added)

Singing the songs of the world is the devil's way of getting you to praise him! Notice the Biblical example found in Daniel 3:4-7:

***Then an herald cried aloud, To you it is commanded, O people, nations, and languages, That at what time ye hear the sound of the cornet, flute, harp, sackbut, psaltery, dulcimer, and all kinds of musick, ye fall down and worship the golden image that Nebuchadnezzar the king hath set up: And whoso falleth not down and worshippeth shall the same hour be cast into the midst of a burning fiery furnace. Therefore at that time, when all the people heard the sound of the cornet, flute, harp, sackbut, psaltery, and all kinds of musick, all the people, the nations, and the languages, fell down and worshipped the golden image that Nebuchadnezzar the king had set up.*** (Daniel 3:4-7)

Now, who would want to praise the devil with song or any other form? You will be amazed at the seductive powers the enemy will unleash on you as listen to the music associated with your former activities. They will literally cause you to remember the pleasure of sin and forget the pain and consequences! Music that honors God is any music that causes a man to function in his original created way. Man was never created to glorify or gratify self! Worldly music emphasizes **me** and **my** wants, feelings, and emotions; therefore, worldly music honors Satan by robbing honor from God!

In our text passage in Daniel, only three men were committed enough to God to resist the satanic musical call to worship the golden image. Their refusal to be forced by fear to fall down and worship Satan at the sound of his song moved the LORD to deliver them from the fiery furnace. In our Biblical account, these three men were found guilty of treason, sentenced to death and cast into the fiery furnace. But these men were delivered from the flames and enjoyed the very presence of God in their trial! ***For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind*** (2 Timothy 1:7).

***Then Nebuchadnezzar the king was astonished, and rose up in haste, and spake, and said unto his counsellors, Did not we cast three men bound into the midst of the fire? They answered and said unto the king, True, O king. He answered and said, Lo, I see four men loose, walking in the midst of the fire, and they have no hurt; and the form of the fourth is like the Son of God.*** (Daniel 3:25)

2 Samuel 22 is another instance when a servant of God wrote and sang his song unto God for delivering him from his enemy.

***And he said, The LORD is my rock, and my fortress, and my deliverer; The God of my rock; in him will I trust: he is my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence. I will call on the LORD, who is worthy to be praised: so shall I be saved from mine enemies. When the waves of death compassed me, the floods of ungodly men made me afraid; The sorrows of hell compassed me about; the snares of death prevented me; In my distress I called upon the LORD, and cried to my God: and he did hear my voice out of his temple, and my cry did enter into his ears.*** (2 Samuel 22:3-6)

Music was designed to be used in the House of God as a form of worship. ***All these were under the hands of their father for song in the house of the LORD, with cymbals, psalteries, and harps, for the service of the house of God, according to the king's order to Asaph, Jeduthun, and Heman*** (2 Chronicles 25:6).

As much as worldly music will raise the old desires in our lives, so much more will God honoring music aid us as we battle our destructive addictions. The question is, do we want to win the fight enough to give up our old music? Notice how the intentional tool of good Godly music was used to drive the evil spirits away from King Saul, ***David took an harp, and played with his hand: so Saul was refreshed, and was well, and the evil spirit departed from him*** (1 Samuel 16:23). The devil hates any music that brings honor and glory to God.

King David was moved to song when the Ark of the Covenant (a symbol of the Word of God) was brought back to Jerusalem, ***Thus all Israel brought up the ark of the covenant of the LORD with shouting, and with sound of the cornet, and with trumpets, and with cymbals, making a noise with psalteries and harps*** (1 Chronicles 15:28). Sing songs of praise for the privilege of having a Bible which provides you with direct instructions from Jesus, the Living Word of God. Praise Him for His Training Manual that teaches you how to change your destructive ways into productive habits!

Godly music, with praise and worship toward His Holy Name, will put an urgency in God's heart to help you defeat all temptations! He will cause your enemies to ambush each other:

***And when he had consulted with the people, he appointed singers unto the LORD, and that should praise the beauty of holiness, as they went out before the army, and to say, Praise the LORD; for his mercy endureth for ever. And when they began to sing and to praise, the LORD set ambushments against the children of Ammon, Moab, and mount Seir, which were come against Judah; and they were smitten. For the children of Ammon and Moab stood up against the inhabitants of mount Seir, utterly to slay and destroy them: and when they had made an end of the inhabitants of Seir, every one helped to destroy another*** (2 Chronicles 20:21-23).

The book of Psalms is often referred to as Israel's Song Book. This is one reason I challenge you to read five chapters of Psalms each and every day of your life! This will cause you to read the entire book each month. Filling your hearts and minds with songs of praise to God will strengthen you beyond your wildest imagination to conquer the old addictions that once had a stronghold on you! Here are just a few references:

***To the chief Musician, A Psalm of David, the servant of the LORD, who spake unto the LORD the words of this song in the day that the LORD delivered him from the hand of all his enemies, and from the hand of Saul: And he said, I will love thee, O LORD, my strength*** (Psalm 18:1).

***The LORD is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him*** (Psalm 28:7).

***A Psalm and Song at the dedication of the house of David. I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes to rejoice over me (Psalm 30:1).***

***Sing unto him a new song; play skilfully with a loud noise (Psalm 33:3).***

***He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD (Psalm 40:2, 3).***

***To the chief Musician for the sons of Korah, A Song upon Alamoth. God is our refuge and strength, a very present help in trouble (Psalm 46:1).***

***Sing aloud unto God our strength: make a joyful noise unto the God of Jacob (Psalm 81:1).***

***A Psalm of praise. Make a joyful noise unto the LORD, all ye lands. Serve the LORD with gladness: come before his presence with singing. Know ye that the LORD he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture. Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. For the LORD is good; his mercy is everlasting; and his truth endureth to all generations. (Psalm 100:1-5)***

Music and movies are two of the biggest negative influences in today's society. In our previous class, we learned the valuable lesson to hate what God hates and love what God loves. Our Instructor, Jesus, the Living Word of God gives us these valuable instructions:

***A Psalm of David. I will sing of mercy and judgment: unto thee, O LORD, will I sing. I will behave myself wisely in a perfect way. O when wilt thou come unto me? I will walk within my house with a perfect heart. I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me. A forward {disobedient} heart shall depart from me: I will not know a wicked person. (Psalm 101:1-4)***

The person who overcomes sin and Satan and destructive addictions will:



1. Sing their songs to the LORD. David longed for the presence of God.
2. They will make their song one that speaks of the mercy and judgement of God
3. They will not be ashamed to declare their decision to always behave in a way that pleases God
  - a. Do songs about drinking bring God pleasure? – NO
  - b. Do songs about sexual immorality bring God pleasure? – NO
4. They will dedicate their home to be a place that brings God honor and praise.
5. They will follow this outline to keep their vow:
  - a. They will maintain a perfect heart – one that allows God to rule
  - b. They will remove anything that does not honor God, such as
    - Any music that triggers the mind causing you to remember your old ways
    - Any music that does not glorify His name
    - Any movies that have cursing, nudity, and wicked music
    - Magazines that cause the eyes to lust
  - c. They will choose their friends wisely, ***I will not know a wicked person.***

Jesus, our Instructor is always clear in His guidelines for success:

***And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful. Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.*** (Colossians 3:15-17)

1. Let God rule in your life
2. Always be thankful
3. Read and heed God's Word
4. Teach others
5. Encourage others
6. Sing spiritual songs directly to the LORD
7. Make sure everything you do is in the name of the LORD
8. Thank God the Father through the wonderful name of Jesus

Notice how the right music will not only teach and admonish you, but it will also be used to edify those around you! Remember, **YOU ARE VALUABLE TO GOD!** A double minded man will fail and will fall! ***For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways*** (James 1:7, 8). The double minded man will continue indulging in worldly music while trying to overcome destructive addictions. They are setting themselves up for a fall! Always keep in mind, are you honoring God with your tunes or Satan?

When you allow God to rule in your heart, have a thankful spirit, and allow the words of Jesus to dwell in your mind, it will difficult to partake of the wicked, ungodly music and movies that are readily available. Water and oil do not mix!

***See then that ye walk circumspectly*** (cautiously, aware of your surroundings at all times), ***not as fools, but as wise, Redeeming the time, because the days are evil. Wherefore be ye not unwise, but understanding what the will of the Lord is. And be not drunk with wine, wherein is excess; but be filled with the Spirit; Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; Submitting yourselves one to another in the fear of God.*** (Ephesians 5:15-21)

This outline gives clear instruction how successfully become addicted to something worthwhile—the ministry!

1. Realize that the enemy would love to get you back into his grips of the destructive additions that once dominated your life.
2. Make good use of every minute you have; time is what your life is made up of.
3. Be wise—follow every command in the Word of God.
4. Allow the Spirit of God to give you the high in life that satisfies the soul.
5. Use the tool of good Godly music to encourage your heart
6. Give thanks always
7. Surround yourself with good Christian brothers and sisters who love to continuously dwell in the presence of God.

Remember, you are removing the old ways of life that has stolen your family, finances and freedom and replacing them with a **new way of thinking**. Music is typically thought of as entertainment, or a way to escape whatever it is that is troubling us. This new way of thinking, as it relates to music, is to now view music as an **intentional tool to set you free**; something that we pick up and utilize on purpose. This can only take place when you allow the Word of God to rule your life. ***And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God*** (Romans 12:2). As mentioned, it is an intentional decision, and one that will require discipline to start, but when our thinking shifts, we realize the great benefit of God honoring music!

Jesus is truly worthy of our worship and praise in song, ***And they sung a new song, saying, Thou art worthy to take the book, and to open the seals thereof: for thou wast slain, and hast redeemed us to God by thy blood out of every kindred, and tongue, and people, and nation;*** (Revelation 5:9).

The very last place in the Bible you will find a song mentioned is in Revelation chapter 15! Is it any wonder that the first song recorded in the Bible is found in Exodus 15; a song of praise to God for bringing His chosen people into a land of milk and honey? In the last place we see a song in the Bible, it is the exact same song being sung by the people who overcame the Beast and will

be ushered into their promise land! Glory to His holy name! He is worthy of our praise and our song!

***I will sing unto the LORD as long as I live: I will sing praise to my God while I have my being. My meditation of him shall be sweet: I will be glad in the LORD*** (Psalm 104:34, 35). Make it a practice to remove the old music and movies that will honor the devil and replace them with good God honoring music!

1. What does the old music often do?
2. What will happen when you indulge in the old music that was a large part of your old addictive habits?
3. Where is the first song recorded in the Bible and why was it sang?
4. What does the ***place of habitation*** mean, and what is it also known as?
5. List the five promises of protection found in Psalm 91:9-13.
6. What will music trigger in your mind?
7. Where was music designed to be used and for what purpose?
8. What is the book of Psalms often referred as?
9. What are the two of the biggest negative influences in today's society?
10. What should you make it a practice to remove on what should you replace it with?

(Answers to these questions are all located within the pages of this lesson)

Regardless of what you have been told or even what you may think, God loves you enough to make you free from your destructive addictions and restore your life to the purpose in which He created you—***Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created*** (Revelation 4:11). By changing your shepherd from self to Jesus, the ***Good Shepherd***, you will begin to bring God the pleasure you were created for. God wants to use you to tell others how to receive the same freedom you now have and introduce lost souls to the saving knowledge of Jesus Christ. ***Let him know, that***

**he which converteth the sinner from the error of his way shall save a soul from death, and shall hide a multitude of sins** (James 5: 20).

God the Father wants His children to be successful and prosperous, **Let them shout for joy, and be glad, that favour my righteous cause: yea, let them say continually, Let the LORD be magnified, which hath pleasure in the prosperity of his servant. And my tongue shall speak of thy righteousness and of thy praise all the day long** (Psalm 35:27, 28). As you continue to trust in your new Shepherd, Jesus, He will make you prosperous so you can cheerfully, without being ashamed, tell others about His great love—you are valuable in His eyes! **Restore unto me the joy of thy salvation; and uphold me with thy free spirit. Then will I teach transgressors thy ways; and sinners shall be converted unto thee** (Psalm 51:12, 13).

Seek Knowledge

Apply the new-found Knowledge and Wisdom to your life

Then, teach others the secret to your success!

**Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach them, the same shall be called great in the kingdom of heaven** (Matthew 5:19).

Memory Verses:

**And be not drunk with wine, wherein is excess; but be filled with the Spirit; Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; Submitting yourselves one to another in the fear of God** (Ephesians 5:18-21).

**I will sing unto the LORD as long as I live: I will sing praise to my God while I have my being. My meditation of him shall be sweet: I will be glad in the LORD** (Psalm 104:34, 35).

Suggested reading:

- A chapter of Proverbs each day according to the day of the month
- 5 chapters of Psalms daily
- 2 Samuel 22
- Ephesians 5

Model Prayer:

Dear Heavenly Father, I know music can influence me to conduct myself in wrong thinking and actions. Please help me to do my best to always listen to music that glorifies Your Holy Name! I do not want to bow down to the devil with my music or my thinking. Thank You for loving me enough to die for my sin! Please help me to live for You! In the Name of Jesus, I pray, Amen

**Be sure to pass out at least five Gospel tracts this week and invite at least one person to come to class with you next week. Use your past to build your future!**